







PEER GROUP PRESSURE

All your friends are doing something you know is not right. They persuade you to join in. You resist for a while but in the end you give in and join them anyway.

READ PROVERBS 1:8-19

You should have taken Solomon's advice in v 10. Write it down here. Change "son" to "daughter" if you're a girl.

Your friends may not be out to kill somebody and steal their things (vs 11-14). They may just say that what they are doing is "harmless fun". A lot of major problems start as "harmless fun" for those who are curious about it. These include:

-  **dadah addiction** (*can start with "ecstasy"*)
-  **smoking addiction** (*starts with trying out cigarettes*)
-  **addiction to porn** (*can start with viewing an X-rated movie at a friend's place*)
-  **gambling** (*"innocent" gambling with friends during Chinese New Year*)
-  **occult** (*starts with an "innocent" game of "the spirit of the coin"*)
-  **teenage pregnancy** (*starts with pressure to stay out late on dates with questionable company*)

Remember your motto on Day 55? That should be your guiding principle if you are undecided as to whether to say "Yes" or "No" to your friends.

PRACTICE SAYING "NO"

Saying "No" to friends is a big problem for teenagers. You can do it with a little bit of practice. Stand in front of a mirror and with varying expressions say things like :-

"No!"

"No-lah."

"Hmmm... maybe, maybe not. I think maybe not."

"I don't think I want to."

"Aiyah! Tak mahu-lah!"